

CERVICAL CANCER PREVENTION



LUCY DODDS - CERVICAL CANCER SURVIVOR

We would like to introduce one of our GRACE supporters, Lucy Dodds who was diagnosed with a stage 1 grade 2 cervical cancer in June 2018. Lucy is passionate about raising awareness of cervical and other gynaecological cancers and has put herself forward to make awareness presentations to women in Surrey. Lucy is a teacher and is keen to talk to young women especially, but will spread the message wherever she can.

If you would like to know more about Lucy and her awareness initiative, please be in touch with Lucy at info@grace-charity.org.uk

Every year around 3200 women are diagnosed with cervical cancer. There are 852 deaths from this disease every year, that is 2 women every single day. The disease is most prevalent in women aged 25-29 but can affect women of any age.

99.8% of these cancers are preventable – Smear tests prevent 75% of cervical cancers.



It is essential that women attend for cervical screening, but only **1** in **4** women, and only **1** in **3** in the **25-29** age group, do so. This is CRAZY – it means that cell changes and early stage cancers go undetected. It is thought that one in three young women don't attend cervical screening because of 'embarrassment' or because they think they didn't need to go because they are healthy. Everyone between the age of 25 and 70 should attend for their smear when invited.

Lucy knows from first-hand experience how important it is to recognise the SYMPTOMS of cervical cancer - however most women suffering from one or more of these symptoms does NOT have cervical cancer. Oh and by the way, Lucy had NO symptoms at all. Her cancer was picked up on routine screening.



THIS IS WHAT TO LOOK OUT FOR

- Vaginal Bleeding between periods
- Bleeding after sexual intercourse and pain
- Vaginal bleeding after menopause
- Vaginal discharge, which may be smelly or could be watery

GRACE has a mission to raise awareness of cervical cancer and encourage women to understand the importance of screening. We are delighted that Lucy wants to help us with this goal. Go to our website to find more information about the vital role of screening in cancer prevention.

