

# Gynae cancer - it's not a private matter

When it comes to talking about our private parts, there is often a sense of embarrassment or shame. But cancer symptoms shouldn't stay private. Know the signs, so together we can save the lives of the women we love.

**"As a gynae cancer patient myself, I know firsthand how vital it is for women to be familiar with their anatomy and not be embarrassed to discuss symptoms. The earlier these things are reported the sooner they can be treated."**

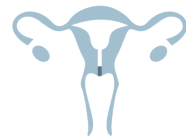
Celeste, endometrial cancer survivor

## Know the symptoms:



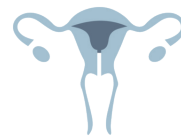
### Ovarian cancer

- Abdominal bloating or swelling, which is persistent and doesn't come and go*
- Loss of appetite, difficulty eating and feeling full more quickly*
- Abdominal or pelvic pain felt over a period of time*
- A change in bladder habits*
- Spotting or bleeding between menstrual cycles*



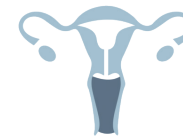
### Cervical cancer

- Vaginal bleeding between periods*
- Bleeding after sexual intercourse and pain*
- Vaginal bleeding after the menopause*
- Vaginal discharge that smells*
- Early-stage cervical cancer may have no symptoms so it is vital to go for your screening.*



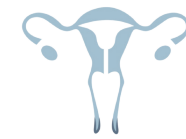
### Endometrial cancer

- Post menopausal bleeding*
- Bleeding between periods*
- A watery or blood-stained discharge*
- Heavier periods than normal in pre-menopausal women*



### Vaginal cancer

- A blood-stained vaginal discharge*
- Bleeding after sexual intercourse and pain*
- Blood in the urine, the need to pass urine frequently and the need to pass urine at night*
- Pain in the back passage (rectum)*



### Vulval cancer

- Itching, burning or soreness of the vulva that persists*
- Bleeding or a blood-stained discharge*
- Pain in the area of the vulva*
- A lump or swelling over the vulva*
- A burning sensation on passing urine*

It is important to report any of the above symptoms, or any kind of unusual bleeding, to your GP for investigation. Early diagnosis saves lives.

GRACE exists to support women living with gynaecological cancers in Surrey, West Sussex and Hampshire.

### Reach out to us:

Whether you would like to access our support services, or find out more about our work, please get in touch:

**Email: [info@grace-charity.org.uk](mailto:info@grace-charity.org.uk) or call 01483 904153. [www.grace-charity.org.uk](http://www.grace-charity.org.uk)**



**Around 60 women a day in the UK, are given the lifechanging news they have gynaecological cancer (22,000 women a year).**