



**“We are all women and human, but the same cancers will affect people differently.”**

Janet Gover, survivor

# Supporting women with gynaecological cancers

GRACE is here to support all women with gynaecological cancers in the Surrey, West Sussex and Hampshire areas, at whatever stage of their diagnosis.

## Reach out to GRACE so we can help you access:

- **Peer-to-peer networks** - connecting women with others who may share similar lived experiences of diagnosis and treatment.
- **Free enrichment events for women** who have had, or are being treated for, gynaecological cancers. From writing retreats to flower arranging, these free activities provide an opportunity to meet others and enjoy new experiences.
- **A dedicated support service for women, their partners, and families.** This includes offer one to one counselling and facilitated peer group sessions, available from the minute of diagnosis, through life beyond treatment and recovery.



***Every year, one million women worldwide are diagnosed with a gynaecological cancer – such as cervical or ovarian – accounting for 10% of all cancers.***



**“Personally, I find a huge part of learning how to deal with my cancer is by talking to women going through the same experience. It lightens the load knowing they understand completely.”**

Pandy Dean, ovarian cancer survivor

## Contact Us

To find out more about the support GRACE offers, please email or call us on:

**T: 01483 904153**

**E: [info@grace-charity.org.uk](mailto:info@grace-charity.org.uk)**