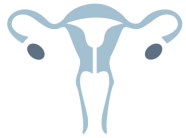


“As a gynaecology cancer patient myself, I know firsthand how vital it is for women to be familiar with their anatomy and not be embarrassed to discuss symptoms. The earlier these things are reported the sooner they can be treated.”

Celeste, endometrial cancer survivor

Gynae cancer is not a private matter

Know the symptoms:



Ovarian cancer

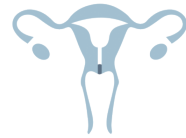
Persistent abdominal bloating or swelling, which doesn't come and go

Loss of appetite, difficulty eating and feeling full more quickly

Abdominal or pelvic pain felt over a period of time

A change in bladder habits

Spotting or bleeding between menstrual cycles



Cervical cancer

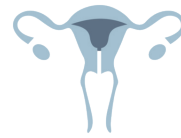
Vaginal bleeding between periods

Bleeding/pain after sex

Vaginal bleeding after the menopause

Vaginal discharge that smells

Early-stage cervical cancer may have no symptoms so it is vital to go for your screening.



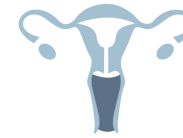
Endometrial cancer

Post menopausal bleeding

Bleeding between periods

A watery or blood-stained discharge

Heavier periods than normal in pre-menopausal women



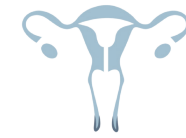
Vaginal cancer

A blood-stained vaginal discharge

Bleeding/pain after sex

Blood in the urine, the need to pass urine frequently and the need to pass urine at night

Pain in the back passage (rectum)



Vulval cancer

Itching, burning or soreness of the vulva that persists

Bleeding or a blood-stained discharge

Pain in the area of the vulva

A lump or swelling over the vulva

A burning sensation on passing urine

It is important to report any of the above symptoms, or any kind of unusual bleeding, to your GP for investigation. Early diagnosis saves lives.

GRACE exists to support women living with gynaecological cancers in Surrey, West Sussex and Hampshire.

Reach out to us:

Whether you would like to access our support services, or find out more about our work, please get in touch:

Email: support@grace-charity.org.uk or call 01483 904153. www.grace-charity.org.uk



Around 60 women a day in the UK, are given the lifechanging news they have gynaecological cancer (22,000 women a year).