



## Get Involved

GRACE is always looking for volunteers to help raise much needed funds so it can continue its work and help more women living with gynaecological cancers. Here are some of the ways you can help:

*Become a GRACE ambassador and tell your friends and family about our cause.*

*Host a fundraising event, such as a tea party, to raise funds for the charity.*

*Ask local businesses to make us their 'charitable partner'.*

*Take part in a local fun run or marathon.*

*Nominate us to local businesses with charitable giving schemes.*

*Donate your time and volunteer with GRACE.*



Get in touch by emailing us at:

**info@grace-charity.org.uk**

or call us on: **01483 904153**

**www.grace-charity.org.uk**

## GRACE exists to support women living with gynaecological cancers.

Our focus is on raising vital awareness to promote early diagnosis; fund desperately needed research into their causes and treatments; provide local hospitals with vital surgical equipment; and to offer and facilitate support to women who are diagnosed. We are dedicated to improving the overall well-being, treatment, recovery, and survival rates of all women diagnosed, now and in the future.

Around 60 women a day in the UK, are given the lifechanging news they have gynaecological cancer (22,000 women a year).

## Help us give a lifeline to the women we love by donating today:



Or visit us online at **www.grace-charity.org.uk** to find out more.



@GraceWomen



Grace\_women

### Patron: Dame Judi Dench

GRACE, Department of Gynaecological Oncology, The Royal Surrey County Hospital, Egerton Road, Guildford, Surrey GU2 7XX



## Providing hope and support to women with gynaecological cancers

Woman centred support | Research | Life-saving equipment



Let's beat gynaecological cancers together.

## Supporting women with gynaecological cancers

A cancer diagnosis is hugely impactful on women's lives, affecting not only daily health, but also fertility, sexuality, menopause, and relationships. For any woman facing one of these cancers, there is often a sense of embarrassment and a loss of autonomy over their lives and bodies that extends beyond their diagnosis and treatment. GRACE is here to support all women with gynaecological cancers in the Surrey, West Sussex and Hampshire areas, at whatever stage of their diagnosis.

As part of this, we are committed to providing more dedicated services for women through:

- Peer networks that connect women who may share similar lived experiences.
- Counselling services.
- Enrichment events that offer an opportunity to do something fun.
- Raising awareness to promote early diagnosis.
- Funding research into the causes and treatments of gynae cancers.



**“Many women are still not confident in spotting the symptoms of gynaecological cancer and therefore they don’t seek help until the disease has spread, which makes it harder to treat. Ultimately, greater awareness and early diagnosis saves lives, so it is vital that more is done to help better inform women and girls on these issues.”**

Mr Simon Butler-Manuel, GRACE founder and Consultant in Gynaecological Oncology at the Royal Surrey Hospital



**“We are all women and human, but the same cancers will affect people differently.”**

Janet Gover, survivor

**Every year, one million women worldwide are diagnosed with a gynaecological cancer – such as cervical or ovarian – accounting for 10% of all cancers.**

### Contact Us

To find out more about the support GRACE offers, please email or call us on:

**T: 01483 904153**

**E: [info@grace-charity.org.uk](mailto:info@grace-charity.org.uk)**



**“Personally, I find a huge part of learning how to deal with my cancer is by talking to women going through the same experience. It lightens the load knowing they understand completely.”**

Pandy Dean, ovarian cancer survivor

